

## Addiction Services

# Sheffield Opiates Service

## Who are we and what do we do?

The Opiates Service is a large team of health and social care professionals trained to work with people who are experiencing opiate addiction problems. We provide assessment and treatment services, including substitution medication, harm reduction services and talking therapies.

## What are Opiates?

There are naturally occurring opiates like heroin and morphine which are derived from the opium poppy, and synthetic (man-made) opiates like methadone and buprenorphine. Some opiates like heroin and opium are illicit; others are legal when prescribed like methadone; others are legally available over the counter, like codeine. All opiate drugs are highly addictive and tolerance and dependence can develop quickly.

## How to get help

If you think we could help you, or someone you know, with an opiate problem you can **ask a professional for a referral**. This could be your GP, social worker, pharmacist, probation worker or any other professional you are in contact with. You can also **refer yourself by calling** and asking for an assessment appointment that suits you, or you can **drop in** to the service on Fitzwilliam Street, and someone will assess your needs there and then.

## SPAR (Single Point of Access & Referral)

Everyone who is referred or drops in will be assessed through our SPAR service. This provides a comprehensive assessment of an individual's need—taking into account their whole health and social care needs—not just their drug misuse.

Service users at the Fitzwilliam Centre have access to a range of treatment approaches through structured multidisciplinary support, including:

- ⇒ Discussion and assessment of need, including current drug/ alcohol use, drug history, physical and mental health, social situation and risk assessment
- ⇒ Recovery planning, reflecting identified needs
- ⇒ Harm reduction advice, education and information and services such as needle exchange and wound care
- ⇒ Substitute prescribing
- ⇒ Detoxification
- ⇒ Psychosocial interventions or 'talking therapies'
- ⇒ Access to inpatient detox and residential rehabilitation
- ⇒ Relapse prevention
- ⇒ Facilitated access to mutual aid and other recovery activities and opportunities



**FIND US**

The Fitzwilliam Centre  
143 - 145 Fitzwilliam St  
Sheffield S1 4JP

**CALL US**

0114 30 50 500  
0845 245 0370



Use a smartphone to scan this code and get a map of our location.