

Sheffield domestic and sexual abuse support services

Domestic abuse is not only physical abuse, but can be emotional abuse, sexual abuse, financial or economic abuse, forced marriage, stalking or harassment, or coercive or controlling behaviour. Domestic abuse doesn't just affect spouses, couples or partners, it can involve family members. Victims can be any gender or age.

Domestic abuse support

National DA Helpline 0800 2000 247

IDAS Domestic Abuse helpline

(Sheffield) **0808 808 2241** - Available Mon to Fri 8am to 8pm, Sat and Sun 11am to 8pm
For victims aged 16+, family, friends and professionals. *Not open on bank holidays.*

IDAS Webchat for the public -

www.idas.org.uk - Monday to Friday 3pm-6pm
IDAS office number for professionals 0114 2728231

Independent Domestic Abuse Service

(IDAS) - Provide one to one support, group programmes, target hardening (Sanctuary Scheme measures) and specialist advice. Contact the helpline 0808 808 2241.

Refuge and accommodation

Enquire via the **SCC Housing Pathway** 0114 2736306 or **IDAS helpline**.

Sheffield Women's Aid refuges -

www.sheffieldwomensaid.org.uk

Safe Zones – Dispersed accommodation

www.idas.org.uk/our-services/safe-zones

Shelter Domestic Abuse Housing Advice and Floating Support Service tel:03301755121

https://england.shelter.org.uk/get_help

Young Women's Housing Project (YWHP) -

Supported accommodation and therapy for women aged 16-25 www.ywhp.org.uk or 0114 2680580

In an emergency call 999.

Or report here:

<https://www.reportingcrime.uk/SYPDA/>

More information can be found at

<https://sheffielddact.org.uk/domestic-abuse/>

Support for perpetrators

Cranstoun provide group programmes and one to one support for men and women

<https://www.cranstoun.org/services/domestic-abuse/inspire-to-change/>

Other specialist support organisations

VIDA – Counselling / therapy services for women
0114 2750101 or www.vidasheffield.org.uk

ASHIANA - Provide specialist support for BAMER people
0114 2055740 or www.ashianasheffield.org

SAYIT – see Call it Out project web pages for advice and guidance on supporting LGBT+ survivors
<https://sayit.org.uk/callitout/>

Haven – Support for children affected by Domestic Abuse
0114 213 0590 or <https://www.havenorg.uk/>

Sexual abuse or violence support

Sexual Assault Referral Centre (SARC)

<https://www.hackenthorpelodge.org/>
0330 223 0938

Sexual Rape and Sexual Abuse Centre

(SRASAC) - Sexual abuse counselling for victims aged 13+ and ISVA service. www.srasac.org.uk or 0114 2412766

National Rape Crisis Helpline

0808 500 2222 Open 24 hours a day every day of the year

Make Yourself Heard

In danger, need the police but can't speak?

- 1 Dial 999
- 2 Listen to the questions from the 999 operator
- 3 Respond by coughing or tapping the handset if you can
- 4 If prompted press **55**

This lets the 999 call operator know it's a genuine emergency and you'll be put through to the police